

# Falling About

A new programme of dance for older audiences  
AVAILABLE FROM OCTOBER 2007

For nearly 20 years, Green Candle Dance Company has been creating its highly professional dance productions for older audiences and touring them, alongside participatory workshops and staff training sessions, to theatres, arts and community centres, day centres, sheltered housing and residential homes.

Now Green Candle presents a new production by Artistic Director Fergus Early, aimed at people aged 60+, called **Falling About**. With the company's usual mix of humour, choreographic invention, colourful design and original music, the programme will be suitable for performance in small theatres and arts centres, hospital rehabilitation units, residential homes, sheltered housing and day centres for older people.

**Falling About** explores the issues and emotions that arise from falling in a humorous and light-hearted way that is entertaining but also informative and helpful to those at risk from falls. The production aims to be compact and flexible enough to tour into small spaces and will have a running time of between 40 minutes and an hour, followed by a break during which the older audience can chat to the company about the content of the performance. Every show will be followed by a workshop – between 30 minutes and an hour long, depending on the needs of the participants - or a workshop and a training session for care workers. Workshops will offer participants the opportunity to talk about the issues raised by the show and also to have fun participating in a seated dance session. Training workshops address the use of dance for and with older people.

## Some quotes from audiences for **Jack Be Nimble**, Green Candle's recent touring programme for older audiences and participants

*'I have never seen so many of our clients stimulated and joining in! The clients and staff have not stopped talking about it.'* Mandy McCullough, Manager, Claremont Residential Home, Corsham

*'Perfect – entertaining, held people's attention, clear story, dealt with the issues of ageing in a sensitive manner – comical and sad.'* Arts Officer, Rother, East Sussex

*'What a gorgeous production! Design, words, music, movement, dance, facial expressions, laughter – please come to Hackney soon!'* Social services worker, Hackney, East London.

*'Your workshop was really very enjoyable, lovely movements and music and really entertaining'* Workshop participant, day centre, Richmond

### For further information please contact

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